

## Michael J. Axe, M.D.

Arthroscopic & Open  
Shoulder & Knee Surgery  
Sports Medicine  
Legal Medical Examinations



## Welcome to First State Orthopaedics

As a boarded, recertified, and fellowship-trained orthopaedic surgeon, my practice is focused on **active people** with shoulder and knee problems, surgical and nonsurgical. This includes injections to arthritic joints, and arthroscopic and open surgery. For more than 25 years I have been providing patients with expert medical treatment and care.

In addition to my extensive medical commitments, I am a professor at the University of Delaware in the Department of Physical Therapy and my team has many award winning publications and presentations including the Rose Award in Orthopaedic Research and the James R. Andrews Award for Excellence in Baseball Sports Medicine. I find time to enjoy cooking and international lecturing. I would encourage you to write down any questions you might have before your visit. Thank you for helping me make sure that all of your concerns are addressed.

I am looking forward to meeting with you.

Sincerely,

Michael J. Axe, M.D.

**Voted many times *Delaware Today* "Top Doc Surgeon"  
Voted "Best Doctor" in Delaware**

**Taking care of active people of all ages, not just athletes!**

Michael J. Axe, M.D.

## Education, Training, and Affiliations

- Board Certified, Founding partner of First State Orthopaedics
- Professor (CI) University of Delaware Department of Physical Therapy
- Chair, Delaware Interscholastic Athletic Association, Sports Medicine Advisory Committee
- Orthopaedic Research & Education: SHAND Society
- Diplomate, American Board of Orthopaedic Surgery
- Member, American Academy of Orthopaedic Surgeons
- American Orthopaedic Society for Sports Medicine: Council of Delegates
- Delaware Medical Society: School Health Committee, Public & Professional Education and Advocacy Committee
- Bachelor of Science in Biology, Bucknell University
- Medical Degree, Thomas Jefferson Medical College
- Residency, General Surgery, Medical Center of Delaware
- Residency, Orthopaedic Surgery, University of Pittsburgh
- Fellowship, Sports Medicine, Hughston Sports Medicine Hospital

## What to Expect:

Thank you for your patience while completing our forms. Accurate and complete information will assist us in providing you the highest possible level of care. Additionally, I appreciate your understanding and patience to see me and completing the paperwork. In some cases, I may be delayed. Our goal at First State Orthopaedics is to see you as soon as possible and make sure you receive individualized attention. If you require immediate assistance, please notify our front desk and we will expedite your request. Your time is important and in an effort to keep you informed, I will post a message in the waiting rooms if I am running behind. My goal is to make you an informed patient. If you have questions, please write them down.

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**First State Orthopaedics**  
A Commitment to Excellence

[www.FirstStateOrtho.com](http://www.FirstStateOrtho.com)