

Evan H. Crain, M.D.

Shoulder and Knee Arthroscopy

Sports Medicine

Knee and Shoulder Replacement

Hand and Elbow Surgery



Welcome to First State Orthopaedics

Dr. Evan Crain specializes in the treatment of shoulder and knee injuries. He provides expert and compassionate care. He treats people of all ages and activity levels, amateur to professional athletes. He has dedicated his career to treating patients in Delaware since 1995. His goal is to put his patients back on an active, healthy track.

Dr. Crain utilizes state-of-the-art, minimally invasive arthroscopic techniques coupled with research proven medical procedures to treat his patients. In the majority of his patients, surgery is not needed. He successfully emphasizes a conservative approach focusing on rehabilitation to make surgical treatment a last resort.

Dr. Crain treats thousands of patients each year. Coupled with his experience in practice, he has undergone rigorous training. He attended Brandeis University in Boston where he graduated Magna Cum Laude with distinguished High Honors in Biology. He was awarded the Viets Scholarship for research by Johns Hopkins School of Medicine. Dr. Crain completed his medical training at New York University School of Medicine. He did his Orthopaedic Surgical training at University of Maryland Shock Trauma Center. Dr. Crain completed subspecialty training in sports medicine, shoulder, and knee surgery at the San Diego Knee and Sports Medicine Research Fellowship. There he served as assistant professor in the Department of Orthopaedics at the University of California San Diego. Throughout his career, his research has been published and he has presented at national specialty medical conferences.

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Voted Delaware's "Top Doc"

- Fellow doctors and patients chose Dr. Crain as one of their "Top Surgeons"
- Honored repeatedly in fields of orthopaedic surgery, knee surgery, sports medicine by *Delaware Today Magazine*

Columnist of "The Body Shop"

- Answers fellow Delawarean's orthopaedic questions
- Authored over 150 articles in Delaware's *News Journal*

Sports and Family

- Enjoys playing tennis and competed at collegiate level
- Devoted fan of ballet, little league, magic, and surfing

Board-certified by the American Board of Orthopaedic Surgery, Dr. Crain is a Fellow of the American Academy of Orthopaedic Surgeons. He is a member in the Delaware Society of Orthopaedic Surgeons and the Medical Society of Delaware where he sits on the Ethics Committee. Dr. Crain has trained doctors who specialize in orthopaedic surgery, family practice, internal medicine, emergency medicine, and sports medicine.

While Dr. Crain is best known as a shoulder and knee specialist, he has expertise in the treatment of work injuries, hand and elbow problems, and fracture care.

Dr. Crain looks forward to taking care of you.

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A Commitment to Excellence

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