

Randeep Kahlon, M.D., F.A.C.S.

Hand and Upper Extremity Surgery
Sports Medicine, Arthroscopic Surgery
Microvascular Surgery, Orthopaedic Trauma



Welcome to First State Orthopaedics

As Delaware's only double-fellowship trained orthopaedic surgeon, I specialize in advanced techniques of the Upper Extremity: Shoulder, Elbow, and Hand Surgery. My practice encompasses a broad range of treatments from the more routine to complex reconstructive procedures.

From scholarship athletes to weekend warriors to injured workers, I treat patients of all ages and all walks of life. For each patient, I begin with a conservative treatment plan combining evidence-based medicine and patient education.

For the majority of my patients, conservative care is successful and surgery is not necessary. When surgery is indicated, I use minimally invasive techniques that include advanced arthroscopic procedures and other state-of-the-art techniques to achieve superior results. Using this combination of expertise and experience, you will be carefully monitored from start to successful recovery.

Continued on back

Delaware Today "Top Doc—Hand Surgery" and "Top Doc—Sports Medicine"
Best Doctors in America, 2009-2010

Delaware People to Watch, 40 Leaders under 40 Delaware Today, 2008

Delaware's Young Surgeon of the Year, 2004

Delaware's Young Physician of the Year, 2005

Randeep Kahlon, M.D., F.A.C.S.

Education, Training, and Affiliations

- Medical Degree, UMDNJ - New Jersey Medical School
- Residency, Orthopaedic Surgery, Albert Einstein College of Medicine, Montefiore Medical Center, NYC
- Fellowship, Hand and Upper Extremity, Cleveland Clinic
- Fellowship, Sports Medicine, Cleveland Clinic, Cleveland Indians Baseball Team

- Diplomate, American Board of Orthopaedic Surgeons
- Certificate of Added Qualification (CAQ) in Hand Surgery
- Member, American Orthopaedic Society of Sports Medicine

- President, Arthritis Foundation, Delaware branch
- Associate Chief, Orthopaedic Trauma, Level 1 Trauma Center, ChristianaCare
- Director, Orthopaedic Education & Research, ChristianaCare
- Past President, New Castle County Medical Society
- Trustee, Medical Society of Delaware

www.Kahlon.MD

My commitment to my patients and improving healthcare in Delaware is evidenced in my various leadership positions in the medical community. Away from work, I enjoy scuba diving, skiing, golfing, and volunteering in charitable organizations. I value and promote an active, healthy lifestyle within my own family, and that extends to you, my patients.

We will work together to restore your freedom of movement and active lifestyle. I look forward to working with you.

Sincerely,

Deep Kahlon, M.D.

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First State Orthopaedics
A Commitment to Excellence

www.FirstStateOrtho.com