

## Elliott H. Leitman, M.D.

Orthopaedic Sports Medicine, Certified  
Arthroscopic Specialist  
Joint Replacement



## Welcome to First State Orthopaedics

Upon completing my orthopaedic sports medicine fellowship in 1998, I began practice in the Wilmington area. Since that time I have been utilizing the latest arthroscopic surgical techniques in shoulder, knee, and hip reconstruction. Outside of clinical practice, I have published several journal articles and contributed to orthopaedic textbooks. From 1992 through 2007, I served in the Medical Corp of the United States Army Reserve, including active duty in 2003. Several area high school and college teams have invited me to serve as their team physician. In 2010, I received additional subspecialty certification in Orthopaedic Sports Medicine. Robotic assisted joint replacement is a recent area of interest that may be right for you.

My practice focuses on personalized care for patients of all ages and activity levels. Drawing on my experience as a professional team physician as well as a military surgeon, I can develop a care plan that is individualized to meet your needs. While most patients are treated non-operatively, the utilization of minimally invasive surgical techniques allows for more rapid recovery with less pain.

Thank you for allowing me to participate in your care.

Elliott H. Leitman, MD

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## Education, Training, and Affiliations

- Boston University School of Medicine 1992
- Boston University BA/Biology 1988
  
- Board Certified: Orthopaedic Surgery
- Subspecialty Certification: Orthopaedic Sports Medicine
- Residency: Einstein Medical Center, Philadelphia, PA
- Fellowship: 3B Orthopaedics, Philadelphia, PA
- Team Physician: Philadelphia Eagles, Philadelphia Flyers 1997-98
- Team Physician: Maccabiah World Games, Team USA 2009, 2013
  
- Lieutenant Colonel (ret) Medical Corp. US Army Reserve
- Affiliated: Walter Reed Army Medical Center 1999-2005
- Operation Enduring Freedom 2003
- National Defense Service Ribbon
- Armed Forces Reserve Medal
- Global War on Terrorism Medal
- Army Service Ribbon
  
- Member: American Academy of Orthopaedic Surgeons
- Member: Arthroscopy Association of North America
  
- Personal: licensed Private Pilot, Triathlete, cyclist

From Dr. Leitman:

At First State Orthopaedics we have assembled the finest team to provide you with individualized orthopaedic treatment. In caring for you, I have a physician assistant, orthopaedic technologist and medical assistants dedicated to meet your needs. Please feel free to communicate with us your concerns so that we may optimize your care. It is our goal to address your needs and restore you to an active lifestyle.

Thank you ,

Elliott H. Leitman , MD

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A Commitment to Excellence  
[www.FirstStateOrtho.com](http://www.FirstStateOrtho.com)