

Irene C. Mavrakakis, M.D.
Interventional Pain Treatment Specialist



Welcome to First State Orthopaedics

I am Board Certified and Fellowship trained in Interventional Pain Medicine. I have been treating patients in Dover, Delaware for over 17 years and I am very excited to now be part of First State Orthopaedics.

My medical practice focuses on non-surgical treatment of acute, sub-acute, and chronic painful conditions of the spine, joints, muscle, tendons and nerves. This includes treatments for lower back and lower extremity pain, neck and upper extremity pain, and many other painful conditions.

I perform various Interventional Treatments including nerve blocks, epidural steroid injections, facet joint injections, sacroiliac joint injections, trigger point injections, peripheral nerve blocks, and many others. These injections are used to treat and resolve patients' painful conditions in conjunction with predominately non-narcotic medications and physical therapy referral.

I obtained my undergraduate degree from New York University and my Medical Degree from New York Medical College.

I am looking forward diagnosing and treating your painful condition through my multidisciplinary approach.

Sincerely,
Irene C Mavrakakis M.D.

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Education

- Undergraduate: New York University, Bachelor of Arts, Biology/Psychology
- Medical School: New York Medical College, Doctor of Medicine

Training

- Surgery Internship: St. Vincent's Hospital and Medical Center
- Anesthesia Residency: University of Medicine and Dentistry of New Jersey, Robert Wood Johnson Medical School
- Interventional Pain Fellowship: University of Medicine and Dentistry of New Jersey, New Jersey Pain Institute

Affiliations:

- Bayhealth Medical Center

What to Expect:

Thank you for your patience while completing our forms. Accurate and complete information will assist us in providing you the highest possible level of care. Additionally, we appreciate your understanding and patience to see a physician. In some cases, patients require special attention or your physician may be asked to assess a serious injury. Our goal at First State Orthopaedics is to see you as soon as possible and make sure you receive individualized attention. If you require immediate assistance, please notify our front desk and we will expedite your request.

Dover Office
Premier Physical Therapy Location
642 South Queen Street
Suite 101
Dover, DE 19904
(302) 735-8700



First State Orthopaedics

A Commitment to Excellence

FirstStateOrtho.com