



Welcome to First State Orthopaedics

A Commitment to Excellence

Evan H. Crain, M.D.

Specializing in: Shoulder and Knee Arthroscopy | Sports Medicine
Knee and Shoulder Replacement | Hand and Elbow Surgery

Locations:

1401 Foulk Road, Suite 101, Wilmington, DE 19802

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A note from Dr. Crain:

Dr. Evan Crain specializes in the treatment of shoulder and knee injuries. He provides expert and compassionate care. He treats people of all ages and activity levels, amateur to professional athletes. He has dedicated his career to treating patients in Delaware since 1995. His goal is to put his patients back on an active, healthy track. Dr. Crain utilizes state-of-the-art, minimally invasive arthroscopic techniques coupled with research proven medical procedures to treat his patients. In the majority of his patients, surgery is not needed. He successfully emphasizes a conservative approach focusing on rehabilitation to make surgical treatment a last resort.

Dr. Crain treats thousands of patients each year. Coupled with his experience in practice, he has undergone rigorous training. He attended Brandeis University in Boston where he graduated Magna Cum Laude with distinguished High Honors in Biology. He was awarded the Viets Scholarship for research by Johns Hopkins School of Medicine. Dr. Crain completed his medical training at New York University School of Medicine. He did his Orthopaedic Surgical training at University of Maryland Shock Trauma Center. Dr. Crain completed subspecialty training in sports medicine, shoulder, and knee surgery at the San Diego Knee and Sports Medicine Research Fellowship. There he served as assistant professor in the Department of Orthopaedics at the University of California San Diego.

Throughout his career, his research has been published and he has presented at national specialty medical conferences. Dr. Crain has been awarded Top Doc by his peers in Delaware Today over 20 times in the fields of Orthopaedic Surgery and Sports Medicine.

Education

- San Diego Sports Medicine Fellowship / University of California San Diego
- Medical School - New York University School of Medicine
- Residency University of Maryland & Shock Trauma Center
- Residency University of Maryland Medical System
- Residency R. Adams Cowley Shock Trauma Center

Affiliations

- American Academy of Orthopaedic Surgeons
- Delaware Medical Society
- Board Member Ethics Committee
- Delaware Medical Journal Editorial Staff
- Delaware Society of Orthopaedic Surgeons
- New Castle County Medical Society