

Kenneth J. Lingenfelter, D.O.

Board-Certified Orthopaedic Spine Surgeon



Welcome to First State Orthopaedics

Dr. Lingenfelter received his medical degree from the Philadelphia College of Osteopathic Medicine. He completed his internship and residency training in Orthopaedic Surgery at Pinnacle Health Systems and Hershey Medical Center of Pennsylvania. During his residency, he received dual training in both Orthopaedic Spine surgery and Neurosurgery. He also underwent specialized training in Orthopaedic Pediatric Spine and Trauma surgery at Children's Scottish Rite in Atlanta, Georgia. Furthermore, Dr. Lingenfelter received specialized training in Orthopaedic and Spinal Tumor surgery at the Johns Hopkins Medical Center in Baltimore, Maryland. Dr. Lingenfelter then advanced his extensive training in Spinal surgery with a combined Spine fellowship in Complex Reconstructive Spinal surgery in adult and pediatric spine at the Louis A. Goldstein fellowship and AO Spine Trauma fellowship at the University of Rochester in New York.

Dr. Lingenfelter has been practicing Orthopaedic and Spinal surgery since 2008. He specializes in adult and pediatric spine care. Some of the procedures he performs include kyphoplasty, artificial disc replacement, microdiscectomy, spinal decompression, spinal fusion, deformity and scoliosis surgery, along with minimally invasive spine surgery and complex revision spinal reconstruction. He uses minimally invasive surgical techniques to decrease complications and reduce recovery time to get his patients back to enjoying their lifestyle and activities.

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Professional Affiliations:

- North American Spine Society
- AO Spine
- American Academy of Orthopaedic Surgery
- American Osteopathic Academy of Orthopedics
- American Osteopathic Association
- Medical Society of Delaware

Post Graduate Education & Training:

- Doctor of Osteopathic Medicine;
Philadelphia College of Osteopathic Medicine, Philadelphia, PA
- Residency, Orthopaedic Surgery;
Pinnacle Health Systems, Harrisburg, PA
- Louis S. Goldstein University of Rochester Spinal Fellowship
& AO Spine Trauma Fellowship, Rochester, NY

Dr. Lingenfelter attends and participates in international and local Orthopaedic and Spine Conferences to provide the most up to date care for his patients. He is passionate about medical education and furthering clinical research for the advancement of future spinal care. He currently serves on the American Osteopathic Academy of Orthopedics Editorial Committee, the Resident and Fellow Editorial Sub-Committee and also as a peer editor for The Spine Journal. Dr. Lingenfelter is Board Certified in Orthopaedic Spine Surgery and currently serves as a Board Examiner for the Spine Section of the American Osteopathic Academy of Orthopedics.

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Foulkstone Plaza
1401 Foulk Road
Wilmington, DE 19803
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SpineCare Delaware
Harmony Plaza
4102B Ogletown-Stanton Road
Newark, DE 19713
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