



Welcome to First State Orthopaedics

A Commitment to Excellence

Michael J. Axe, M.D.

Specializing in: General Orthopaedics | Sports Medicine
Arthroscopic & Open Shoulder & Knee Surgery | Legal Medical Examinations

Locations:

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FirstStateOrtho.com

A note from Dr. Axe:

Since Tuesday, May 30, 1985, I've had the privilege of taking care of Delawareans and others. When Wilmington Orthopaedic Consultants and Christiana Orthopaedics merged together to form First State Orthopaedics, no one could have anticipated we would now be over 20 physicians, including my son, Jeremie M. Axe, M.D., who joined the practice on September 8, 2015.

In caring for patients for more than 30 years with muscle, bone and joint ailments, I have performed over 100,000 injections and over 10,000 operations, mostly on shoulders and knees. I have covered thousands of hours of athletic events and have spent thousands of hours teaching undergraduates and graduates at the University of Delaware.

The clinical research I perform with my team, only with the help of many of my patients, is used by health care providers around the world to treat their patients. To my participating patients, thank you, thank you and thank you for helping my team and me to answer many questions. I still have more questions to answer, and still need my patients to help. I am not retiring any time soon.

As I finish my orthopedic surgical career in August 2021, only in the USA could a young man of such humble beginnings achieve such recognitions. I am so proud to be only one of four physicians in the country to have won the AOSSM Mr. Sports Medicine and Brady Awards.

Dr. Michael Axe is a founding partner of First State Orthopaedics and has had an extremely productive career. In 35 years of private practice, he has been only 1 of 4 Physicians who has been recognized as both Mr. Sports Medicine and Brady Award winner by the American Orthopedic Society of Sports Medicine and its only honorary member of the American Physical Therapy Association. The APTA approval was unanimous by more than 400 delegates, joining only 16 other physicians including Sabin, Salk, Blount, Perry and Shands. His Service has been recognized State wide by the DIAA, DPTA, DATA, DIFCA, DWA, DWASF, University of Delaware, Wilmington University, Goldey Beacom College, and the Medical Society of Delaware. Delaware Today has singled him out as Best Doctor. As a researcher and UD professor of physical therapy, his more than 80 peer reviewed articles focus on prevention of injury and reinjury, and his media contributions to patient safety include television, radio, print and social platforms. He plans on being equally productive in community initiatives following his retirement from First State Orthopaedics in August 2021.

Education

- JP McCaskey High School, 1971
- Bucknell University, 1975
- Jefferson Med. College, 1979
- University of Pittsburgh Ortho Residency, 1984
- Hughston Sports Orthopaedics Fellowship, 1985
- AO Trauma Fellowship, 1985
- Professor, University of Delaware Physical Therapy, 1990

Awards

- AOSSM Mr. Sports Medicine, 2012
- AOSSM Brady Award for Community Service, 2019
- DATA Service Award, 2018
- DPTA Service Award, 2018
- DIAA Service Award, 2018
- APTA Honorary Member, 2014
- Bucknell Football All East, 1973-74
- Eagle Scout, 1971
- PA All State Football, 1970