



Welcome to First State Orthopaedics

A Commitment to Excellence

Randeep Kahlon, M.D., F.A.C.S.

Specializing in: Hand, Elbow and Shoulder Surgery | Sports Medicine
Arthroscopic Surgery | Microvascular Surgery | Orthopaedic Trauma

Locations:

Delaware Hand to Shoulder Center
4051 Ogletown Stanton Road, Suite 103, Newark, DE 19713

FirstStateOrtho.com | (302) 731-2888



A note from Dr. Kahlon:

As Delaware's only triple board certified and double-fellowship trained orthopaedic surgeon, I specialize in advanced techniques of the Upper Extremity: Shoulder, Elbow, and Hand Surgery. My practice encompasses a broad range of treatments from the more routine to complex reconstructive procedures.

From scholarship athletes to weekend warriors to injured workers, I treat patients of all ages and all walks of life. For each patient, I begin with a conservative treatment plan combining evidence-based medicine and patient education.

For the majority of my patients, conservative care is successful and surgery is not necessary. When surgery is indicated, I use minimally invasive techniques that include advanced arthroscopic procedures and other state-of-the-art techniques to achieve superior results. Using this combination of expertise and experience, you will be carefully monitored from start to successful recovery.

My commitment to my patients and to improving healthcare in Delaware is evidenced in my various leadership positions in the medical community. Away from work, I enjoy scuba diving, skiing, golfing, mountain biking and volunteering in charitable organizations. I value and promote an active, healthy lifestyle within my own family, and that extends to you, my patients.

We will work together to restore your freedom of movement and active lifestyle. I enjoy spending time talking to my patients and I look forward to working with you.

Education

- Medical Degree, Rutgers - New Jersey Medical School
- Residency, Orthopaedic Surgery, Albert Einstein College of Medicine, Montefiore Medical Center, NYC
- Fellowship, Hand and Upper Extremity, Cleveland Clinic
- Fellowship, Sports Medicine, Cleveland Clinic/Cleveland Indians Baseball

Affiliations

- Board Certified in Orthopaedic Surgery, Hand Surgery, and Sports Medicine (Triple-Board Certified)
- Past President, Medical Society of Delaware
- National Board Member, Arthritis Foundation
- Past Associate Chief, Orthopaedic Trauma, Level 1 Trauma Center, Christiana Care
- Board Member and Volunteer, Delaware Medical Relief Team (in Haiti and Nepal)
- Co-Founder and Co-Director, Delaware Hand to Shoulder Center
- Co-Chair, Delaware Orthopaedic Symposium
- Physician Leader, Apollo's Youth In Medicine Program