



Welcome to First State Orthopaedics

A Commitment to Excellence

Elliott H. Leitman, M.D. | Lt. Col. USAF

Specializing in: Orthopaedic Sports Medicine, Certified | Arthroscopic Specialist
Joint Replacement

Locations:

4745 Ogletown-Stanton Road, Suites 225 & 238, Newark, DE 19713

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A note from Dr. Leitman:

Upon completing my orthopaedic sports medicine fellowship in 1998, I began practice in the Wilmington area. Since that time I have been utilizing the latest arthroscopic surgical techniques in shoulder, knee, and hip reconstruction. Outside of clinical practice, I have published several journal articles and contributed to orthopaedic textbooks. From 1992 through 2007, I served in the Medical Corp of the United States Army Reserve, including active duty in 2003. In April 2020 I joined the US Air Force and Delaware Air National Guard. In addition to providing orthopaedic care for the Air Force I am slotted as a flight surgeon as well. Several area high school and college teams have invited me to serve as their team physician. In 2010, I received additional subspecialty certification in Orthopaedic Sports Medicine.

My practice focuses on personalized care for patients of all ages and activity levels. Drawing on my experience as a professional team physician as well as a military surgeon, I can develop a care plan that is individualized to meet your needs. While most patients are treated non-operatively, the utilization of minimally invasive surgical techniques allows for more rapid recovery with less pain.

Thank you for allowing me to participate in your care.

Education

- Boston University School of Medicine 1992
- Boston University BA/Biology 1988
- Board Certified: Orthopaedic Surgery
- Subspecialty Certification: Orthopaedic Sports Medicine
- Residency: Einstein Medical Center, Philadelphia, PA
- Fellowship: 3B Orthopaedics, Philadelphia, PA

Affiliations and Awards

- Team Physician: Philadelphia Eagles, Philadelphia Flyers 1997-98
- Team Physician: Maccabiah World Games, Team USA 2009, 2013, 2017
- Lieutenant Colonel (ret) Medical Corp. US Army Reserve
- Walter Reed Army Medical Center 1999-2005
- National Defense Service Ribbon
- Armed Forces Reserve Medal
- Global War on Terrorism Medal
- Army Service Ribbon
- SGH / Chief of Medical Staff, Delaware Air National Guard 166th Medical Group

Interests

- Licensed Private Pilot
- Triathlete
- Scuba, Kite Boarding, Mountain Biking