



Welcome to First State Orthopaedics

A Commitment to Excellence

Irene C. Mavrakakis, M.D.

Specializing in: Interventional Pain Treatment

Locations:

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[FirstStateOrtho.com](https://www.FirstStateOrtho.com)

A note from Dr. Mavrakakis:

I am Board Certified and Fellowship trained in Interventional Pain Medicine. I have been treating patients in Dover, Delaware for over 21 years and I am very excited to now be part of First State Orthopaedics.

My medical practice focuses on non-surgical treatment of acute, sub-acute, and chronic painful conditions of the spine, joints, muscle, tendons and nerves. This includes treatments for lower back and lower extremity pain, neck and upper extremity pain, and many other painful conditions.

I perform various Interventional Treatments including nerve blocks, epidural steroid injections, facet joint injections, sacroiliac joint injections, trigger point injections, peripheral nerve blocks, and many others. These injections are used to treat and resolve patients' painful conditions in conjunction with predominately non-narcotic medications and physical therapy referral.

I obtained my undergraduate degree from New York University and my Medical Degree from New York Medical College.

I am looking forward diagnosing and treating your painful condition through my multidisciplinary approach.

Education

- Undergraduate: New York University, Bachelor of Arts, Biology/Psychology
- Medical School: New York Medical College, Doctor of Medicine
- Surgery Internship: St. Vincent's Hospital and Medical Center
- Anesthesia Residency: University of Medicine and Dentistry of New Jersey, Robert Wood Johnson Medical School
- Interventional Pain Fellowship: University of Medicine and Dentistry of New Jersey, New Jersey Pain Institute

Affiliations

- Clinical Assistant Professor, Department of Surgery, Philadelphia College of Osteopathic Medicine
- Bayhealth Medical Center