Matthew A. Handling, M.D.

Sports Medicine
Arthroscopic Surgery
Fracture Care/Orthopaedic Trauma
Joint Cartilage Repair and Replacement
Arthritis Treatment

Welcome to First State Orthopaedics

As a fellowship-trained orthopaedic surgeon, my practice encompasses the treatment of sports injuries, arthritis, and fracture care. I provide care for sports- and work-related injuries with an emphasis on minimally invasive arthroscopic surgery of the shoulder, elbow, hip, knee, and ankle. Particular interests of mine are arthroscopic rotator cuff repair, knee ligament repair and reconstruction, and joint cartilage repair and replacement in our increasingly active population. As a native of the State of Delaware, I look forward to providing you with the highest quality of medical care.

In addition to my extensive medical commitments, I enjoy running, playing lacrosse, travel, and cooking with my family. I particularly enjoy refereeing high school and club lacrosse games. In addition, I have been a volunteer with the Delaware Special Olympics.

Please let me know if there is anything I can do to further improve your experience at First State Orthopaedics.

I am looking forward to meeting with you.

Sincerely,

Matthew A. Handling, M.D.

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Education, Training, and Affiliations

- Bachelor of Arts, University of Delaware
- Medical Degree, Jefferson Medical College
- Residency, General Surgery, Orthopaedic Surgery, UMDNJ Robert Wood Johnson University Hospital
- Residency, General Surgery, Orthopaedic Surgery, University Medical Center at Princeton
- Residency, Orthopaedic Surgery, Memorial Sloan-Kettering Cancer Center
- Fellowship, Sports Medicine, New England Baptist Hospital
- Adjunct Professor, University of Delaware, Department of Health, Nutrition, and Exercise Sciences
- Team Physician, Boston Celtics, 2007-2008
- Member, American Academy of Orthopaedic Surgeons
- Member, American Orthopaedic Society for Sports Medicine
- Member, Arthroscopy Association of North America
- Member, Medical Society of Delaware
- Member, Delaware Society of Orthopaedic Surgeons

From Dr. Handling:

At First State Orthopaedics we know that preparing for surgery can be filled with uncertainty, and we pride ourselves on providing a comfortable and friendly atmosphere. My philosophy for surgery is that preparation is the key. When I commit to a surgical procedure, I strive to make sure that every patient understands the surgery itself as well as the recovery process. It is my goal to provide individual attention for each patient.

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First State Orthopaedics
A Commitment to Excellence

www.FirstStateOrtho.com