



Welcome to First State Orthopaedics

A Commitment to Excellence

Stephen G. Manifold, M.D.

Specializing in: Knee and Shoulder Joint Replacement | Sports Medicine
Shoulder and Knee Arthroscopy | Fracture Care

Locations:

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A note from Dr. Manifold:

As a fellowship-trained and board-certified orthopaedic surgeon, my practice focuses on shoulder and knee disorders including sports injuries, arthritis and trauma care. Patient care for these disorders encompasses both nonoperative and when appropriate, operative treatments involving the most current arthroscopic and minimally invasive surgical techniques. For the injured athlete, I am able to provide meniscus and labral repair, ligament reconstruction and cartilage injury repair techniques to restore function and return the athlete to their previous level of activity. Patients with advanced arthritic conditions can achieve pain relief through partial or total joint replacement techniques emphasizing multi modal pain management protocols and rapid rehabilitation with the goals of minimizing pain and improving function and quality of life. Some patients may even be candidates for outpatient joint replacement procedures in which the patient can return home the same day of surgery.

I have a special interest in processes to improve patient satisfaction and outcomes while reducing complications. As Medical Director of Orthopaedic Surgery at Bayhealth Medical Center, I have spearheaded efforts to lower patient pain scores after joint replacement procedures, reduce blood transfusion and surgical site infection rates and decrease rates of hospital readmissions following orthopaedic procedures. My ongoing aim is to provide patients with the highest possible quality of care while maximizing patient satisfaction and functional outcomes.

I care about the health and well-being of the people in my community and I look forward to providing you with the best possible orthopaedic care.

Education

- Bachelor of Arts, Biology, Temple University, Philadelphia, PA
- Medical Degree, Temple University School of Medicine, Philadelphia, PA
- Internship, Surgery, St. Luke's-Roosevelt Hospital Center, New York, NY
- Residency, Orthopaedic Surgery, Columbia-Presbyterian Medical Center, New York, NY
- Fellowship, Knee Reconstruction & Sports Medicine, Insall Scott Kelly Institute for Orthopaedics & Sports Medicine, New York, NY

Affiliations

- Board Certified, American Board of Orthopaedic Surgery
- Medical Director, Division of Orthopaedic Surgery, Bayhealth Medical Center
- Clinical Associate, Orthopaedic Surgery, Hospital of the University of Pennsylvania
- Chairman, Quality & Care Management Committee, Bayhealth Physician Alliance